

DIRECTOR'S NOTE

September was a month of showing up - to learn, to listen and to be together.

From our digital safety conversation to an afternoon of Tambola, laughter and conversation with residents at Ashirwad Old Age Home in Delhi, to meaningful time spent at Snehadhara Old Age Home, the month showed us that engagement can take many forms. Sometimes it is learning something new, and sometimes it is simply sitting with someone, sharing a laugh, or giving them your time.

We also launched our fortnightly blog, where we will regularly unpack why elderly care matters and what it actually takes to build it, turning awareness into a consistent, ongoing conversation rather than a one-time effort. To find out more about it [click here](#).

Here's what makes this moment even more exciting: we are building on this momentum. We are launching our new chapter in Durgapur, West Bengal, bringing the same spirit of presence and care to a new community. At the same time, a research project in Bundi is taking shape. What began as a survey is now becoming a formal body of evidence, one that will help us move from anecdote to evidence, and from evidence to action.

So September was not just a month that went by. Between our regular engagements, a new fortnightly blog, a new chapter, and a new research project, it was the month we started turning what we do into something bigger.

As we do so many exciting things, we have started a fundraising campaign named

Help Bring New Hope and Happiness to Our Elderly to make our efforts more meaningful and sustainable. This is a heartfelt request for all of us to support our campaign.

Warm regards,
Sami Saran
Director, NSNU

[Click here to Donate](#)



50+
Participants

2 visits
to old age home

1 research project
completion and
Fortnightly blog
launched

COMMUNITY ENGAGEMENT - TAMBOLA EVENT WITH RESIDENTS AND CAREGIVERS ASHIRWAD OLD AGE HOME | DELHI

We spent a meaningful time at Ashirwad Old Age Home in Delhi, bringing together 25 residents for an afternoon of games, conversations and laughter along side some grocery items donations for the old age home



COMMUNITY ENGAGEMENT| SNEHADHARA OLD AGE HOME| LUCKNOW

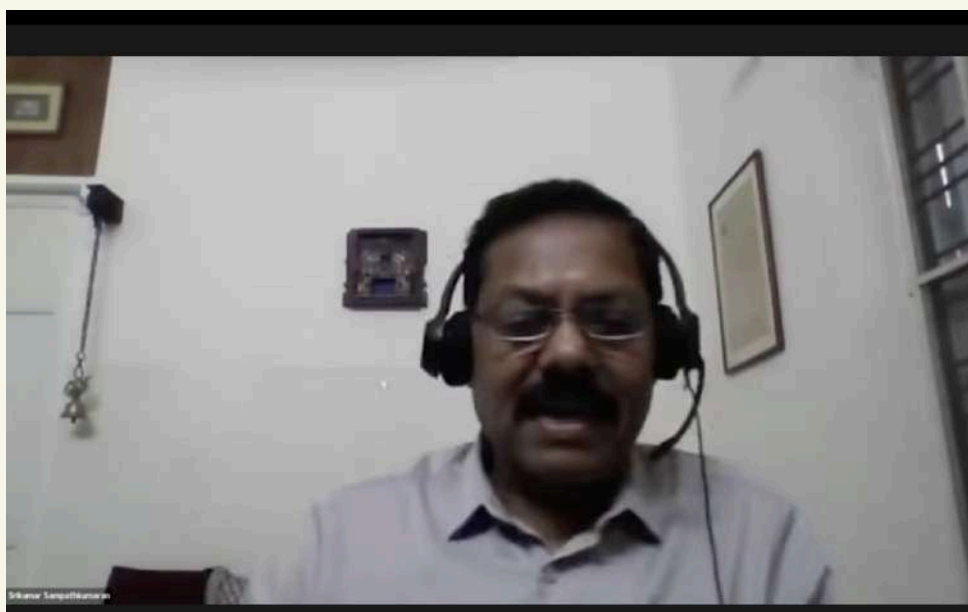
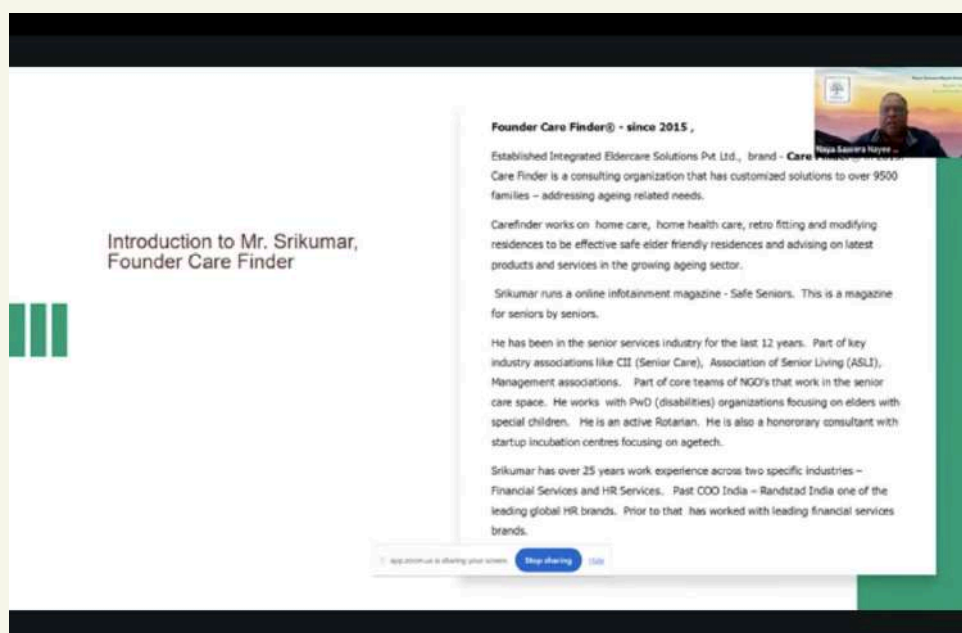
Our time at Snehadhara was especially special as we came together to celebrate the birthdays of the residents and share the joy with them. We were also happy to have our Advisory Board member celebrate alongside the residents, making the occasion feel even more personal and meaningful. Around 25 participants joined in the celebration, creating a warm space filled with smiles, conversations and togetherness. We also distributed blankets and sarees as thoughtful gifts - small gestures of care that made the celebration even more special.



WEBINAR | DIGITAL SAFETY FOR ELDERS WITH SRIKUMAR S., FOUNDER, CARE FINDER



The webinar featured Mr Srikumar, Founder of Care Finder, an organisation established in 2015. The session on Digital Safety for Elders offered practical, easy-to-understand tips for staying safe in an increasingly digital world.



With smartphones, laptops and tablets now an essential part of everyday life, digital safety is especially important for older people who may be more isolated or less familiar with navigating the digital world. The session created an opportunity to build awareness, share practical guidance and help elders feel more confident and secure online.

The webinar was attended by 11 participants, who joined the conversation and learning around staying digitally safe.



BENGAL CHAPTER: COMING SOON!

We are very excited to share that we will soon be in West Bengal with the launch of the Durgapur Chapter in October, marking an important step towards building a wider community of care and connection for elders.

With the upcoming chapter launch, it will be an opportunity for us to connect, learn and begin this journey together.

CALL FOR INTERNS

NSNU invites socially committed students and young professionals to join us as interns.

This is an opportunity to work closely with our community initiatives, contribute to meaningful programmes, and gain hands-on experience while making a positive impact in the lives of others.

If you are passionate about community service, eager to learn, and looking to contribute your time and skills towards a meaningful cause, we would love to hear from you.

Contact : nsnu1964@gmail.com